

Cleaning Appliances and Doing Laundry

Objective: To teach cleaning and laundry skills using written specific task analysis and performance feedback.

Setting and Materials:

Setting: A kitchen and laundry room in a residential unit, a community laundry facility, or a simulated apartment at school

Materials:

1. Specific task analysis checklists (see appendix A for an example of generic and specific task analyses)
2. Oven cleaner
3. Dish detergent
4. Sponges
5. Rubber gloves
6. Laundry basket
7. Powdered detergent
8. Measuring cup
9. Clothes

Content Taught

1. Cleaning an oven
2. Cleaning a refrigerator
3. Washing a load of laundry

Teaching Procedures

1. Gather supplies and provide the student with a written specific task analysis for the task to be taught.
2. Allow the student to perform the steps without coaching.
3. If the student is unable to continue, end the session and provide performance feedback.
4. Continue the above steps until the student performs all of the steps in the written specific task analysis correctly for three consecutive sessions.
5. After the student performs all of the steps in the written specific task analysis correctly for three consecutive sessions, begin the procedure for the next task.

Evaluation

Collect student performance data on the percent of correct independent of steps in the specific task analysis by recording the levels of assistance needed to perform each step (i.e., 1= independent and accurate response, 2= verbal cue and gesture needed for student to perform skill accurately, or 3= verbal cue and physical prompt need to perform skill accurately).

Lesson Plan Based on:

Cuvo, A. J., Davis, P. K., O'Reilly, M. F., Mooney, B. M., & Crowley, R. (1992). Promoting stimulus control with textual prompts and performance feedback for persons with mild disabilities. *Journal of Applied Behavior Analysis*, 25, 477-489.

Appendix A

Generic Task Analysis for Doing Laundry at Home

1. Separate white clothes from colored clothes
2. Put either pile in washer
3. Add detergent
4. Select desired setting
5. Start washer
6. When finished, remove clothes from washer and place in dryer
7. Select desired setting
8. Start dryer
9. When dryer stops remove clothes from dryer
10. Fold and put away clothes

Specific Task Analysis for Doing Laundry at Home

1. Remove clothes from laundry basket
2. Separate white clothes from colored clothes
3. Put in two separate piles
4. Open the washer lid
5. Put either pile in washer
6. Remove the cap from the bottle of liquid detergent
7. Pour correct amount into measuring cup
8. Replace the cap to the bottle of liquid detergent
9. Pour detergent from measuring cup into washer
10. Close washer lid

11. Press the button for the desired setting
12. Press the button to start washer
13. When last cycle has finished remove clothes from washer
14. Put clothes in dryer
15. Close dryer door
16. Press the button to select the desired setting
17. Press the button to start dryer
18. When dryer stops remove clothes from dryer
19. Put clothes in laundry basket
20. Remove lint from dryer filter and discard
21. Fold and put away clothes

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